This journal belongs to:
About My Tree

On ________________________ I adopted a tree at ________________________

(Date) (Location of Tree)

Describe your tree: ________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

What color is your tree’s bark? _____________________________________________

Why did you choose this tree? _____________________________________________

Did you know you the oldest tree in the world is a Bristlecone Pine (Pinus longaeva) in California’s White Mountain? It’s nicknamed Methuselah and is over 4,700 years old.

Can you estimate how old your tree is? Visit www.redbuttegarden.org to find our How Old Is That Tree? activity. Follow the instructions to discover your tree’s approximate age.

About how old is your tree? _____________________________________________

Did you know the tallest trees in the world are Giant Redwoods (Sequoia sempervirens)? They can grow to be over 300 feet tall.

To estimate the height of your tree, grab a partner and measure his or her height. Have your partner stand beside your tree and take a few steps back. Estimate how many times your partner fits into the height of the tree from the base to the top.

About how tall is your tree? _____________________________________________

How tall do you think your tree will grow? __________________

How wide do you think your tree will grow? ____________
About My Tree

A tree has two names: a common name and a scientific name. Can you find both of your tree’s names and add them to the lines below? Then, create a nickname for your tree.

Common Name: _________________________________________________________

Scientific Name: _________________________________________________________

My tree’s nickname is: _____________________________________________________

Need help finding your tree’s common or scientific name? Visit https://www.arborday.org/trees/whattree/

Trees grow in different shapes. Which shape is your tree? Circle your answer below.

Conical  Oval  Irregular  Weeping

Round  Pyramidal  Columnar

Vase  Spreading
My Tree’s Bark

**Instructions:** Place this page over the trunk of your tree. Gently rub a pencil, colored pencil, or crayon over the paper to create a **bark rubbing** or imprint of your tree’s trunk. Did you know your tree’s bark can help identify it in winter when it has no leaves? What patterns does your tree’s bark have?

My Tree’s Bark

Date: ___________________
My Tree’s Leaves

Instructions: Draw what your tree’s leaves look like in each season.

Spring

Summer

Fall

Winter
Tree Tales

Write a story about a day in the life of your tree. What would it do? Who or what would it see?

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

Draw a picture from your story.
Who Is Using My Tree?

Instructions: Draw the animals using your tree in each square below. What are they using your tree for? Food? Shelter? Something else? Add your observations to each picture.

- Birds
- Insects
- Mammals
- Other Animals
Visiting My Tree

Instructions: Visit your tree once each month to see how it changes throughout the year. Draw or write your observations in the spaces below. Some things you may want to include are: flowers, fruits, nuts, seeds, animals, insects, fragrance, color, change, damage, or new growth.
Visiting My Tree

Instructions: Visit your tree once each month to see how it changes throughout the year. Draw or write your observations in the spaces below. Some things you may want to include are: flowers, fruits, nuts, seeds, animals, insects, fragrance, color, change, damage, or new growth.

Date: _______________________

5

Date: _______________________

6

Date: _______________________

7

Date: _______________________

8
Visiting My Tree

Instructions: Visit your tree once each month to see how it changes throughout the year. Draw or write your observations in the spaces below. Some things you may want to include are: flowers, fruits, nuts, seeds, animals, insects, fragrance, color, change, damage, or new growth.

Date: _______________________

9

Date: _______________________

10

Date: _______________________

11

Date: _______________________

12
Spring Tree Journal

Instructions: Use this page to write more detailed notes or observations about your tree once during the spring.

Date: ____________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
_________________________________________________
Draw a picture of your tree in spring.
Summer Tree Journal

Instructions: Use this page to write more detailed notes or observations about your tree once during the summer.

Date: ____________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

_________________________________________________

Draw a picture of your tree in summer.
Fall Tree Journal

Instructions: Use this page to write more detailed notes or observations about your tree once during the fall.

Date: ______________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Draw a picture of your tree in fall.
Winter Tree Journal

Instructions: Use this page to write more detailed notes or observations about your tree once during the winter.

Date: ______________________

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Draw a picture of your tree in winter.
Additional Activities

• Write 10 words to describe your tree.

• Use your sense of touch to explore your tree. How does it feel?

• Write a poem about your tree.

• Do you see any seedlings (baby trees) growing around your tree? Are they the same type of tree or different? How do you know?

• Study the environment around your tree. Look for things like water, sunlight, and surrounding vegetation. How do they affect your tree?

• Write a letter to a friend or family member telling them about your tree.

• Take a picture of your tree at every visit.

• Sit quietly near your tree and listen closely. What do you hear?

• Are there any plants growing on the bark of your tree? What do they look like?

• Look for other trees like your adopted tree. Where did you find them? Are they bigger or smaller than your tree? Older or younger? Taller or shorter?

• Make up a song about your tree.

• Write down all the reasons trees are important. Can you think of at least 10?

• Look closely at your tree’s bark. How many different insects are using your tree?

• How many spiders can you find on your tree? What do their webs look like?

• Compare and contrast this tree with another tree nearby. How are they the same? How are they different?

• Draw what your tree would look like from a bird’s-eye-view.

• Visit your tree at different times of the day. What differences do you notice? How does the time of day change what you observe?