**Perennials and Groundcovers:**

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| **Latin Name** | **Common Name** | **Aprox. Size** | **Flowers** | **Leaf color** | **Other attributes** | **Zone** | **Culture** |
| Aconitum sp. | Monkshood | 2-4’ | Varies but typically blue | Green | Many species and cultivars available. Bulbous root is poisonous if eaten. | 3-7 | Full sun to afternoon shade, well drained soil, and cool locations |
| Aegopodium podagraria ‘Variegata’ | Bishop’s Goutweed | 6-9” | White, late spring | Light green with white margins | Invasive, good for difficult locations. | 2-8 | Sun or shade, best in part shade. Grows in any soil. |
| Alchemilla sp. | Lady’s Mantle | Varies with species | Chartreuse, in spring | Light green, pubescent. | Palmate shaped leaves. | 3-7 | Afternoon shade. Moist soils, dry soils stunt growth. |
| Anemone blanda | Grecian Windflower | 6-8” | Blue, white and rose, early spring | Greenish blue fern-like foliage | Can self sow. Plant corms in fall after soaking in water overnight to increase establishment. | 4-7 | Partial shade, moist soil. Amend soil with organic matter. May need winter protection |
| Anemone x hybrida | Hybrid or Japanese Anemone | 2-4’ | White or pink, late summer to fall | Dark green foliage | Many cultivars available for desired flower color, some with semi-double blooms | 4-8 | Afternoon shade, fertile moist, well-drained soil, can be slow to establish |
| Anemone hupehensis var. japonica | Japanese Anemone | 2-3’ | Pink, late summer to fall | Dark green foliage | Many cultivars available. Often confused with A. x hybrida cultivars | 4-8 | Afternoon shade, fertile, moist, well-drained soil |
| Anemone sylvestris | Snowdrop Anemone | 10-18’ | White, fragrant, spring | Light green | Can be invasive.  Showy woolly white fruit | 4-7 | Partial shade. |
| Anemone tomentosa (vitifolia) ‘Robustissima’ | Grapeleaf Anemone | 18-36” | Mauve-pink flowers, in fall | Gray-green foliage, minimal foliar diseases | Spreads | 4 | Partial shade to full sun. |
| Anemonella thalictroides | Rue-Anemone | 8-10” | White to pink in early spring. (doesn’t have petals, but petal-like sepals) | Blue-green basal foliage, very fine and dainty. | Goes dormant after setting seed. | 4-8 | Partial shade, moist soils. Does not tolerate dry soils. |
| Angelica archangelica | Angelica | 4-6’ | Chartreuse flowers in summer |  | Showy seed heads.  Edible foliage and stems can be used in teas, salads, preserves, etc. | 4-9  Biennial or short lived perennial | Semi-shade shade in rich, moist soil |
| Anthriscus cerefolium | Chervil | 18-24” | Tiny white flowers in summer | Lacy, fern-like foliage. | Foliage is anise flavored, is edible or good in teas.  Red fall color. | Annual, can reseed | Filtered shade, moist soils. Prefers cool weather. |
| Aquilegia sp | Columbine | Varies with species | Early summer, flower color varies with species and cultivars | Fine green foliage | Can be short-lived but will reseed.  Different cultivars will hybridize freely. | 3-8 | Partial shade, moist, well-drained soil |
| Arctostaphylos uva-ursi | Bearberry or Kinnikinick | 6-12” | White to pink bell shaped, in spring, often hidden by foliage | Evergreen foliage, glossy | Native to Utah, understory groundcover,  Red berries in late summer. | 2-5/6 | Full sun to partial shade, prefers well-drained infertile soils |
| Asarum sp. | Wild Ginger | Varies  4-8” | Dark red, but hidden by foliage | Dark glossy green |  | 4-7 | Full shade, moist, well drained soils, slightly acidic |
| Bergenia cordifolia | Bergenia | 12-15” | Rose-pink flowers on upright stalks. | Large glossy, green, basal, foliage | Rabbits love to eat the foliage. | 5-7 | Afternoon shade, moist, well-drained soil. Does not tolerate wet soils. |
| Brunnera macrophylla | Siberian Bugloss | 12-18” | Blue, spring | Light green basal foliage | Cultivars available with variegated foliage | 3-7 | Afternoon shade, moist soils |
| Campanula cochlearifolia | Fairies’ Thimbles | 4-6” | Light blue flowers in summer | Green | Easy to grow, mat forming plant | 5 | Afternoon shade and well drained soils. |
| Ceratostigma plumbaginoides | Plumbago or Leadwort | 8-12” | Blue flowers in late summer to fall. | Green foliage, red fall color. | The blue flowers against the red fall foliage are quite striking. | 5-8 | Partial shade, moist, well drained soil. |
| Cimicifuga sp. | Bugbane | Varies with species, 2 or 3’ to 6’ or more | Sprays of small white flowers, spring | Green,  Some cultivars have purplish foliage.  Finely divided foliage. | Can be slow to establish. | 3-7 | Shade, moist, rich, acidic soils. |
| Convallaria majalis | Lily of the Valley | 6-12” | Fragrant white bells in early spring. | Green | Spreading.  ‘Fortin’s Giant’ has larger flowers and showy red fruit in fall | 2-5 | Partial shade, consistently moist locations |
| Corydalis flexuosa | Corydalis | 12-15” | Blue, spring to early summer. | Fine blue-green foliage | Dies back in summer after seeding. | 5-8 | Part shade, requires well-drained soils. Prefers cooler temperatures, and basic or neutral soil pH. |
| Corydalis lutea | Corydalis | 9-15” | Yellow, spring | Fine blue-green foliage | Can reseed | 5-7 | Sun or shade, moist soils.  Prefers basic or neutral soil pH. |
| Dicentra eximia and formosa | Fringed Bleeding Heart | 9-18” | White, pink or rose flowers in spring, with some re-bloom | Green, blue-green, or gray-green fern-like foliage | D. eximia tolerates hot/wet weather better. D. Formosa is more drought tolerant. | 3-9 | Partial shade, moist rich soils. |
| Dicentra spectabilis | Common Bleeding Heart | 18-36” | Red or white flowers in spring. Very showy. | Green, on arching stems | Dies back after flowering, faster in heat; plant with companions to hide the void. | 2-8 | Partial shade, moist soils. |
| Digitalis sp. | Foxglove | Varies, 2-5’ | Typically rose, purple or white on tall spikes, in summer | Green foliage | Many are bi-annual, living two years; some species are perennial. | 4-7 | Partial shade, moist soils with organic matter |
| Doronicum orientale | Leopard’s Bane | 1-2’ | Bright yellow, daisy-like, in early spring | Bright green foliage | Goes dormant with summer heat; plant with companions to hide the void. | 4-7 | Shade, moist soils. |
| Epimedium sp. | Barrenwort | Varies, 8-12” | Varies, usually yellow, white or pinkish, in spring | Early foliage tinged pink or reddish. Fall color yellow, red to bronze. | Slow to establish.  Remove old foliage in early spring to better enjoy flowers. | 4-7 | Light shade, needs humus rich soil with good drainage. |
| Euonymus fortunei | Wintercreeper Euonymus | 4-6’ | Not showy. | Cultivars with variegated leaves. | Great groundcover | 4-8 | Tolerates sun or shade, does not tolerate wet swampy conditions. |
| Filipendula sp. | Meadowsweet | Varies with species, 2-6’ | Pink or white, in summer | Dark green foliage | Edges of foliage burn if the soil is too dry | 3-7 | Full sun to part shade, moist soils |
| Galium odoratum | Sweet Woodruff | 4-9” | White, in spring | Green | Spreading groundcover.  Flowers and leaves used in May Wine, teas, potpourri’s, etc. | 4-7 | Shade, moist soils. |
| Gaultheria procumbens | Creeping Wintergreen | 6” | Pinkish white in summer | Green glossy leaves, fragrant when crushed, reddish color in winter | Creeping groundcover.  Showy red fruits in late summer/fall | 3 | Partial shade, acidic moist soils high in organic matter. |
| Geranium sp. | Hardy Geranium | Varies, 6” to 3’ | Pink, purple, lilac shades, in summer | Green | G. macrorrhizum and phaeum tolerate dry soils. | Varies  4-7 | Afternoon shade, moist well-drained soils. |
| Geranium viscosissimum | Sticky Purple Geranium | 1-2” | Pink to purple flowers from late spring through summer. | Foliage has red fall color. | Utah native at 6,000 to 10,500’.  All plant parts are sticky. | 2 | Prefers light shade, moist to dry soils. |
| Hakonechloe sp. | Japanese Forest Grass or Hakone Grass | 1’ | NA | Medium green, arching foliage. Bronze fall color. | Cultivars have variegated foliage | 6-7 | Partial shade, needs winter protection. |
| Helleborus foetidus | Bearsfoot Hellebore | 18-24” | Greenish, in spring | Dark green foliage, all year; its best attribute! | Flowers scent can be slightly unpleasant. | 5-9 | Partial shade, well drained soil. |
| Helleborus niger | Christmas Rose | 12-18” | White, in Winter/early spring | Dark green | Doesn’t tolerate extremes.  Cut old foliage before blooming | 3-8 | Shade, slightly alkaline soils, consistently moist, well drained soils |
| Helleborus orientalis | Lenten Rose | 15-18” | White, rose and purple, in early spring | Dark green | Cut old foliage before blooming.  Less culturally picky. | 4-9 | Shade, moist soils |
| Heuchera sp | Coral Bells, Alumroot | Varies | Varies, white to pink or red, early summer | Varies with cultivar | Many species available and many cultivars with a multitude of plant/leaf sizes and colors. | 4-9 | Partial shade |
| Hosta sp. | Plantain Lily | Varies with species, 6” to 3’+ | White or purple, some fragrant, often grown for foliage only | Varies with cultivar; solid or variegated, in blue, green, gold, and white. | Hundreds of cultivars available,  Deer and slugs can cause foliar damage | 3-8 | Shade, rich, consistently moist, well-drained soil |
| Houttuynia cordata ‘Chameleon’ | Chameleon Plant | 9-15” | White, in summer. | White, pink & red variegated. Can revert back to green. | Great groundcover for wet areas; can be invasive in wet soils.  Grown for foliage color. | 3-8 | Sun to part shade. Requires abundant moisture; dry soils will cause dieback. |
| Iliamna rivularis | Mountain Hollyhock | 2-6’ | Rose-pink flowers summer through fall. |  | Utah native at 4,500 to 9,500’  Best used as a backdrop. | 3 | Sun or part shade. Prefers moist areas to dry shade. |
| Lamium maculatum | Spotted Nettle | Varies 8-15” | White, pink or reddish purple. | Green with silver or white variegation | Grown for foliage | 4-8 | Part to full shade, moist, well-drained soil |
| Ligularia dentate | Big leaf Ligularia | 3-4’ | Yellow-orange, in summer. Flowers often wilt on hot days. | Large green ‘kidney shaped’ leaves | Some cultivars have purplish foliage. | 5-8 | Afternoon shade; cool locations & moist soil are imperative |
| Ligularia stenocephala ‘The Rocket’ | Narrow Spiked Ligularia | 3-4’ | Fragrant yellow flowers on tall spikes, in summer | Large green ‘triangular shaped’ leaves | Leaves wilt on hot days | 5-8 | Afternoon shade; cool locations & moist soil are imperative |
| Lysimachia nummularia | Creeping Jenny | 4-8” | Yellow, in summer | Green foliage; ‘Aurea’ has Golden foliage | Groundcover; spreads rapidly in moist locations | 3-9 | Part shade, moist conditions |
| Lysimachia clethroides | Gooseneck Loostrife | 2-3’ | White arching flower spike, in summer. | Green, early leaves reddish | Can be invasive; allow ample room. | 3-8 | Full sun to part shade, moist soils |
| Melissa officinalis ‘Aurea’ | Golden Lemon Balm | 2’ | Not showy | Newer leaves golden | Lemon scented leaves can be used in teas. | 4-9 | Partial shade, rich, moist soil |
| Mertensia sp. | Bluebells | Varies, 1-4’ | Blue to pink or purple, in early spring | Green | M. oblongifolia is one of six species native to Utah.  Foliage can die back early in hot conditions. | 3-8 | Sun to partial shade, moist soils |
| Mimulus sp. | Monkeyflower | 1-3’ | Color varies with species, summer | Green | Native  Naturally grows along stream banks. | 3 | Sun to partial shade, moist soils. |
| Pachysandra procumbens | Allegheny Spurge | 9-12” | Foliage tends to hide flowers | Green | Nice groundcover, not as vigorous as P. terminalis | 5-9 | Partial shade, moist soils |
| Paxistima canbyi  (Formerly pachistima) | Mountain Lover | 12” in height, wider spread | Not showy | Evergreen foliage, bronzy color in cold weather | Small shrub | 3-7 | Full sun to partial shade, moist, well-drained soils with organic matter |
| Paxistima myrsinites (formerly pachistima) | Mountain Lover | 2-3’ | Small purplish flowers in spring. | Evergreen groundcover. | Utah native at 6,000 – 10,000’ | 3-4 | Shade, prefers moist, well-drained soils. |
| Penstemon cyananthus | Wasatch Penstemon | Varies, 2” to 3’ | Blue flowers with a yellow beard. Blooms late spring to early summer |  | Utah native from 5,000 to 11,000’ | 2-3 | Sun to partial shade.  Needs gravelly, well draining soils. |
| Penstemon rostriflorus | Bridges Penstemon | 1-2’ | Orangish red to scarlet flowers in summer. |  | Utah native from 4,000 to 9,000’ | 4 | Sun to partial shade. Needs rocky, well-drained soil. |
| Penstemon whippleanus | Whipple Penstemon | 1-2’ | Flowers in summer. Color variable: wine purple or white to blue |  | Utah Native, from 6,000 to 11,500’ | 2 | Sun to light shade. Prefers moist, well-draining soils.  Tolerates more moisture that some penstemons. |
| Polemonium caeruleum | Jacob’s Ladder | 18-24” | Blue, pink or white, in early summer | Small leaflets arranged on the stem like a ladder. | Does not tolerate hot and humid conditions | 2-7 | Full sun to partial shade, well-drained soil, and cooler temperatures |
| Polygonatum biflorum and odoratum | Solomon’s Seal | 1-2’ | Greenish white flowers in spring. |  | P. odoratum ‘Variegatum’ has white variegation on the foliage. | 3-8 | Prefers shady, cool woodland areas. |
| Pulmonaria angustifolia | Blue Lungwort | 9-12” | Pink buds open to bright blue flowers, in spring | Solid green | Foliage wilts in warmer conditions and can die back after flowering | 2-7 | Partial shade, moist, well-drained soils |
| Pulmonaria longifolia | Long-leaved Lungwort | 9-12” | Blue to purple, in spring | Green, long narrow leaves, spotted variegation | Tolerates heat more | 3-8 | Partial shade, moist, well-drained soils |
| Pulmonaria rubra | Red Lungwort | 12-24” | Coral to red, in early spring | Solid green |  | 4-7 | Partial shade, moist, well-drained soils |
| Pulmonaria saccharata | Bethlehem Sage | 9-18” | Pinkish flower buds, open to blue, spring | Spotted foliage | Many cultivars available | 3-7 | Partial shade; well-drained soils with regular moisture |
| Sagina subulata | Irish Moss | 1” | White, summer | Green;  ‘Aurea’ or Scotch Moss has golden foliage | Excess moisture, and overhead irrigation can cause rot | 6 | Sun to part shade, well-drained soil. Aurea needs more shade. |
| Thalictrum sp. | Meadow Rue | Varies by species | Colored petal-like sepals, spring or summer | Fine, green to blue-green |  |  | Part shade, adequate moisture |
| Trollis x cultorum | Hybrid Globeflower | 2-3’ | Yellow, late spring | Dark green | Foliage declines in mid-summer | 3-6 | Afternoon shade, cool locations; moist, heavy soil |
| Veronica officinalis | Common Speedwell | 6-12” | Blue in early summer |  | Creeping groundcover | 4-6 | Partial to full shade, moist soils |
| Vinca minor | Common Periwinkle | 12-18” | Blue in spring | Green foliage with white variegation | Creeping groundcover, stems will root wherever they touch the ground | 4-6 | Shade and moist locations |
| Viola sp. | Violet | Varies  3-12” | A variety of colors, in early spring | Shades of green | Many species and cultivars available. V. nuttallii is native. | Varies  3-9 | Shade, moist soil |